

Get Protected From Influenza During the Pandemic

1 Avoid COMPLICATIONS



Catching the flu may cause:

Direct effects

- Exacerbate asthma, chronic obstructive pulmonary disease (COPD), sinus infection
- May lead to bronchitis and pneumonia

Indirect effects

- May trigger a heart attack or a stroke
- Exacerbate renal disorder and diabetes

High Risk Groups for Flu:

- Children aged below 5
- Adults aged 60 and above
- Pregnant women
- People who are immunocompromised
- People with chronic medical conditions like heart disease, high blood pressure and diabetes
- Healthcare workers

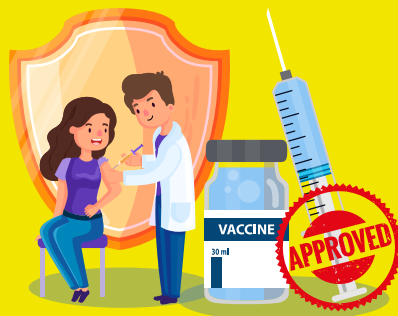
2 Save COST

Getting the flu vaccine will help save you from:

- Additional medical expenses (including hospitalisation)
- Missing school/work or losing income



3 Be CONFIDENT



Approved by regulatory authorities worldwide and taken by millions of people annually globally, the flu vaccine is safe and effective.

4 Stay protected during the COVID-19 PANDEMIC

During these uncertain times, getting the flu vaccine also means you will avoid:

- Getting treated as a suspected Covid-19 patient
- Increasing the burden on the overstretched healthcare system

